

**End of pollen season**

Pollen season is over. We find very few or none pollen of grass and mugwort now.

Spores

Alternaria and Cladosporium are at end of season. Counts are low.

New: patient's hayfever diary

Journalize your personal hayfever diary about your allergic complaints and compare with the concentrations of pollen in the air. You will learn more about the preventive measures you have taken and their effort.

You can enroll anonymous or with your name at <http://phd.polleninfo.org>

However, you can also view this year's pollen development in the flow charts.