



Due to heavy snowing, the pollen season is foreseen to start some weeks later than in 2009. The flowering of hasel could be expected from the middle of February.

**New: patient's hayfever diary**

Journalize your personal hayfever diary about your allergic complaints and compare with the concentrations of pollen in the air. You will learn more about the preventive measures you have taken and their effort.

**You can enroll anonymous or with your name at <http://phd.polleninfo.org>**