

## Alder

### Latin name:

*Alnus glutinosa*, *A. incana*, *A. viridis*

### Description:

These trees grow mostly on moist places, for instance along river-sides. In the beginning, the male catkins are dark brownish-red, they turn into yellowish-red at maturity time.

### Start of the season:

Flowering time is about the same as it is for hazel (that is at the end of December whenever temperatures rise significantly above 5 degrees Celsius), but alders require slightly higher temperatures for pollination.

*A. viridis* flowers from end of May to June in Alpine regions at timber line.

### Allergenicity:

Alder is known for moderate to high allergenicity.

### Crossreactions:

Both alder and hazel pollen cross-react with birch pollen. Very sensitive birchpollen-allergic subjects will suffer when hazel- and alder pollen are in the atmosphere.